Happy New Year to all our readers!



Glen Eden has a big heart



One of two teams to win consolation prize winners was Glen Eden Bowling Club's own Poa, Margarita and Mary.

wo events this summer once again showed what a big heart the Glen Eden community has when it comes to supporting a good cause. The first was Glen Eden Bowling Club's Pink Ribbon Tournament which raised \$3,780 to support the work of the Breast Cancer Foundation – story on page 2. The other was Visionwest's annual Christmas From The Heart – story on page 4.

With 42.6% market share in Glen Eden* we sell nearly 1 in every 2 homes sold

For greater exposure talk to the team at Barfoot & Thompson Glen Eden today.

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*Barfoot & Thompson's market share for the 2021/2022 Financial Year.

Managing in times of higher interest rates



Robyn Rule of Barfoot & Thompson Glen Eden writes on property matters

ere are some ideas for managing your finances better in times of increasing interest rates.

Avoid consumer finance like the plague! Credit cards are tempting to help bridge a financial gap but you're better off adjusting spending patterns and if possible consolidating loans (car, for example) into your mortgage.

Make a budget and look at things you really don't need, like multiple streaming services you don't use often. Download a couple of months' bank statements to see where all your money's going and you'll soon spot where you can make savings. Linked to this is to be smarter when you do spend: skip the wine when you eat out (you're there for the food, after all) and look for bargains in the supermarket, especially meat and fish they need to sell quickly.

If your fixed-rate home loan is due to roll over this year, investigate now what impact it will have on your finances so you can plan ahead. Remember, increases in interest rates only affect the *interest* portion of your repayments; for most people a big part of the payment is going towards paying off the *principal*. Talk to your bank if you anticipate difficulty making higher payments.

The flipside of the above is saving, and I strongly encourage you to keep up your KiwiSaver payments if you possibly can; only take a KiwiSaver "holiday" as a last resort.

- Robyn, 021 055 3667

December Glen Eden monthly statistics 15 sales totalling \$14,367,888.

Highest price: \$1,800,000.

Lowest: \$638,888. Average: \$957,859.

Tournament was well supported

hat does it take to create a successful event like Glen Eden Bowling Club's Pink Ribbon Tournament? First the players: 22 teams from across Auckland as well as from Glen Eden itself. Then all the sponsors, listed below. Overall winners were Robyn Fisher, Claire Tewharu and Colleen Watene from Royal Oak, in a close tournament that came down to points and ends.



Sponsors: Barfoot & Thompson Glen Eden; Superior Glass Ltd (Brian & Ann Childs); Loan Market wine glasses (Michelle Proudfoot); gifts in glasses – Don & Carol MacDonald, Twin Coast Motorbike Club, Jenny Tough, Sharon Stewart, Jennifer Doran, Janet Pihigia, Yvonne Lipsham, Siosiana Simpson, Margarita Kelly, Mary Purcell, Emily Tepu and Jim Close; Pink Ribbon cake-maker Rachel Lawler; Melissa & Sharon Stuart (muffins and cup cakes); Portage Trust (champagne); Tangata 'Tee' Ford (bra decorations); individual sponsors Robin Neal, Wendy Mathers, Graeme Ward, Teresa Cassidy, Graham Lintonbon, Dave Gwilliam, Janet Pihigia, Siosiana Simpson, Rex McCarthy, Yvonne Lipsham, Jeremy Brosnan, Agnes Williams, Daniel Petley and Nigel Hamilton.

Have your say on mayor's budget proposals

A uckland Mayor Wayne Brown recently released his budget proposal. He proposes a 5% cut to local board funding. But because of how it is calculated and because cuts in some areas will be treated regionally rather than locally the proposed cut will be more like 10%.

Cuts of this size would mean that most of the critical community projects we fund will be severely affected. This is not fair and will cause long-term damage.

A cut of this size would have a dramatic effect on local board activities. It will be the discretionary spending areas that will be most severely affected.

Our Arts spend sustains and nurtures many organisations that make significant contributions to the Arts sector. Such a cut would cause havoc to this community.

Our support of community environment activity will be curtailed. The effects on the Waitākere Ranges Heritage Area will be particularly profound. Each year the local board spends large amounts on areas such as weed and pest eradication. We are only just holding on. A year's hiatus will completely unwind all of the progress that we have been able to make over the past decade.

Some community activities and facilities will not be able to be supported. At a time when we most need to work together this will let our community down.

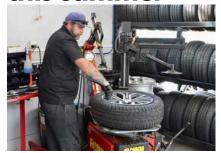
The cuts are huge and not equitable. Per head of population Waitākere residents will see our annual budget cut by \$13.69 while in Orakei the cut is only \$7.08. And our colleagues on Aotea Island will lose \$330.38 a head. This can hardly be fair.

The submission process will be very important. Submissions will be open soon and I urge everyone to have their say.





Don't forget wheel alignment this summer



Wheel alignment is often forgotten but is an important aspect of car care, especially with the long summer drives some of us are making.

Wheel alignment refers to the angle of your wheels relative to each other and to the body of your vehicle.

Ensuring your wheels are accurately aligned improves both the life and performance of your tyres. Wheels often become misaligned by hitting potholes, bumps, kerbs, driving on uneven surfaces and through general wear and tear.

Warning signs that it is time to get your wheel alignment checked are:

- Uneven tread wear
- A steering wheel that is off-centre when driving straight
- Vehicle pulling to the left or right Prevention is better than cure, so I recommend a check every 10,000 kilometres or sooner if you feel there may be a problem.

Wheel alignment is adjusted by altering the vehicle's suspension. State-of-the-art technology is used to accurately determine exactly how much adjustment is required.

Maintaining correct wheel alignment is essential to avoid unnecessary wear on your tyres, steering, suspension and brakes. Accurate wheel alignment optimises driving stability, helps to maximise tyre life and improves your vehicle's overall handling performance.

The writer is Nick Magness, owner of Magness Tyre Service in Glenview Road



5% discount for gold card holders

reshchoice has joined the ranks of supermarkets offering holders of SuperGold cards a 5% discount on their shopping on Tuesdays.

Glen Eden does not have another big supermarket so this will provide

handy savings for older people here. It only applies to purchases in the store (not online) and the card must be scanned to receive the discount.

There are some items on which the discount is not given.



Remember your Valentine this month! There are good places to eat out and nice treats in the shops in Glen Eden without needing to go any further afield.

Many more people needed help in a tough year



hristmas From The Heart 2022 provided 1758 West Auckland families with Christmas food boxes feeding 4119 adults and 4916 children. Every child also received Christmas gifts.

Running for seven days leading up to Christmas, Christmas From The Heart is organised annually by Visionwest Community Trust in association with Glen Eden Baptist Church and Auckland City Mission.

It supports families and individuals who are finding things tough by providing essential food items, Christmas food to enable whānau to enjoy a celebratory dinner on Christmas Day and gifts for children who otherwise might miss out.

Once the delivery part of Christmas From The Heart begins, each day follows a routine. At 8.30am, the day's

team of around 60 volunteers, many from local businesses, are briefed on the day's tasks. At 9.30am and for every subsequent 15-minute interval, 15 cars are booked to come onto the Glen Eden Baptist Church site. That continues until 1pm and adds up to 225 cars per day.

Auckland City Mission CEO Helen Robinson said how sad it was to realise that more people than ever are in need. The realities of income loss resulting from Covid and recent cost of living hikes have resulted in a growing number of West Auckland families struggling to make ends meet.

There was a 30% increase in the number of parcels provided compared to 2021, and a 47% increase in the number of children's gifts given. These were thanks to generous support from The Trusts, whose CEO Allan Pollard says while they support Visionwest throughout the year, Christmas is one of the three most financially challenging annual times for vulnerable whānau.







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Disposing of weeds won't cost you a cent



est Aucklanders helped collect 196,000kg last year. Can it be more this year? War on Weeds is back for March giving Glen Eden locals a way to dispose of invasive weeds for free, thanks to support from Waitākere Ranges and Henderson-Massey local boards and Auckland Council.

"This is a wonderful opportunity for everyone in Glen Eden to control the

spread of weeds into our beautiful bush," says Mel Ward (above) from EcoMatters Environment Trust, who manages the bins. "When it comes to weeding, remember the rule of thumb: one year's seeding, seven years' weeding. March is a golden time to get rid of weeds in the backyard when they start to seed, and dealing with them now will save a lot

of nuisance in future years."

Invasive weeds accepted at the bins include blue morning glory, climbing asparagus, Japanese honeysuckle, jasmine, moth plant, wild ginger, woolly nightshade and more. All have a serious ecological impact when they invade our beautiful Waitākere Ranges, parks and reserves.

More information about War on Weeds and the complementary Pest Plant Roadshow can be found at ecomatters.org.nz/war-on-weeds.





Win a \$50 voucher to dine in Little India!

How many times do the words 'Little India' appear in total in this issue of The Voice? Email your answer and name and address to the editor davidblocksidge@yahoo.com by 15 February. You could win a \$50 voucher to dine in Little India Glen Eden. Congratulations to our latest winner, Anna Ross.

Now's the time to consider prescription sunglasses

We're well into summer (even if the weather has been unseasonal at times!) so if you have a vision problem that requires corrective prescription eyewear, it's time to consider prescription sunglasses.

Full prescription sunglasses are available for virtually any lens prescription, including progressive lenses.

One option is to purchase prescription eyeglass lenses that have a photochromic tint. These are often called 'transition lenses' because the leading maker of plastic photochromic lenses is a company called Transitions Optical. Photochromic lenses

Proud winners of 'Most CANSTAR Satisfied Customers' in Optometry 2018–2021 darken automatically in sunlight and then return to a relatively clear state indoors. They are very convenient, but they don't usually darken very well inside a car.

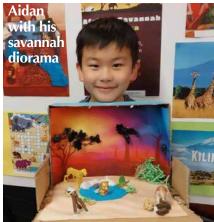
You can also have polarized lenses in your sunglasses that cut reflected glare - sunlight that bounces off smooth surfaces like pavements, car windows, chrome surfaces or water. They can be particularly useful for driving and fishing.

Feel free to come in and try on our summer range of sunglasses frames and discuss our prescription sunglass packages.



16 Glenmall Place (09) 818 4452 reception@glenedenoptometrist.co.nz

What's on in our local library...



From the start of the school holidays, the library was buzzing with activity during its holiday programme, Te Ara Poutama Level Up. Glen Eden kids had fun making African savannah dioramas, learning about walking robots with Lego, playing fun activities with Sport Waitākere and enjoying all the other programmes.

February Programme

Learn English for Daily Life

Tuesday to Friday (starting from Friday 3 February) 12–2.30pm in the meeting room For more information call 09 827 7882 or email auckland@englishlanguage.org.nz

Tuesdays in term time from 14 February, 12.30-2.30pm. Whau ACE (Adult & Community Education) offers free support and advice + tea, coffee and biscuits. Drop-in sessions cover:

- Preparing a CV
- Career guidance
- Job search
- Online job applications
- Cover letter

Lego Club

Tuesdays 3.30–5pm (term time only)

Book Chat

First Wednesday of each month, 10.30-

11.30am in the meeting room

Wriggle & Rhyme

Wednesday 8th & 22nd 11-11.30am

Rhymetime

Thursday 9th (Lunar New Year special with librarian Kathy) & 23rd 10.30-11am



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Friday Crafternoons

Friday 3rd 3.30-5pm Chinese Dumpling Making Celebrate Chinese Lunar New Year by making delicious dumplings. All welcome - adults and children. Registration required: email gleneden.library@aucklandcouncil.govt.nz Friday 17th 3.30–5pm Blooming Summer Wreath Craft Cool down in the library while making your bright peachy summer wreath this summer afternoon. Suitable for ages 5+.

Shared Reading Group

Friday 17th 10-11.30am Glen Eden Library has partnered with The Reading Revolution to host a monthly "shared

reading" group every third Friday of the month to discuss short stories and poetry, to build connections between readers and great literature. Join librarian Surani for a relaxed reading experience over coffee and biscuits with like-minded readers from the community.

Special event in March: Queer Shorts

Wednesday 8 March, 6.30pm To celebrate Pride Fest Out West, the library is showing a selection of LGBTQI+ short films from Aotearoa and around the world. Places are limited and booking is required. To reserve

your free ticket, visit Eventbrite.com and search for Glen Eden Library. Ages 18+.

Glen Eden Citizens Advice Bureau

(adjoining library)

Open Monday-Thursday, 9am-4.30pm and Friday from 9am-12pm. Walk-in JP service 10am-12pm. Available by appointment only: Employment clinic Monday 1pm-3pm, counselling Wednesday 1pm-3pm, CV clinic Wednesdays (flexible timing) and legal clinic 1st Wednesday of month. For confidential free advice and support, call the friendly team on 09 818 6837 or email gleneden@cab.org.nz. If you're keen to become a volunteer at CAB, they would love to hear from you.





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Saturday 28 January: Sweet n Salty Band Saturday 25 February: Mintah Band **Saturday 4 March: Elvis (Che Orton)** Saturday 18 March: Brown Brothers 20th Anniversary Show Every Thursday from 7pm: Believe It Or Not Quiz

Thursday Club Night Happy Hour 5pm-6pm, Jokers Wild, Monster Raffles, members' draw. Aussie Rules 8-ball competition 7.45pm – all welcome.

Fridays from 5pm Happy Hour 4pm–6pm, members' draw, sport on bigscreen TVs, spot prizes, meat raffles. Karaoke with Ben & Marie, 8pm. Free entry.

Foothills Restaurant Dinner: Thursday–Sunday from 5.30pm. Lunch: Fridays 12–2pm.

Tickets for most events are available at the bar beforehand or at the door on the night. New members and visitors welcome.

Provisional membership lets you 'try before you buy'. Full membership now \$40. Lounge available for functions.

Clubrooms open from 2pm to 9pm on public holidays.





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